The Zionist Organization of America’s
Guide to
Contacting Members of Congress

• Members of Congress prioritize lobbying activity in this order of importance:
  • In-person lobbying: visits to offices in Washington (consider joining our annual ZOA Capitol Hill Advocacy Mission) or to a local office
  • Phone Calls
  • Town Hall Events
  • Email
  • Online Petitions

When you visit, call or email, always be polite and afford staff members the same courtesy and manners as you would the lawmaker.

• Lawmakers treat most seriously communication from their direct constituents: for senators - residents of their state, for House members - residents of their district. The exceptions are chairs or minority chairs of committees.

When you visit, call or email, always be polite and afford staff members the same courtesy and manners as you would the lawmaker.

• Speaking with a Staff Person is effective. Ask for the staff person who specializes in that subject you are addressing, i.e., foreign affairs.

Prepare talking points in advance including if applicable the bill or resolution number. Be concise and stick to one or two key issues.

If you meet with a staff member in person, or have a phone conversation, remember to get their name and email address and send a “thank you” email.

Email info@zoa.org for help and to let ZOA know about your lobbying efforts.

Thank you in advance for supporting Israel, the Jewish People & ZOA!